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**THE INFLUENCE OF MEDIA AUDIO LEARNING ON IMPROVING
KNOWLEDGE AND ATTITUDES ABOUT NUTRITION AND HEALTH
INFORMATION FOR THE BLIND PEOPLE AT ELSAFAN FOUNDATION,
EAST JAKARTA.**

xviii, VI Chapter, 70 Pages, 7 Tables, 4 Picture, 6 Attachment

Background: Blind people experience barriers of vision in obtaining information during the learning process. Based on the characteristic of health education targets, the media audio learning of nutrition in the form of audio is chosen as education media of nutrition. Media audio learning to know the information of balanced nutrition, vegetables and fruit, and information about physical activity.

Objective: To examine the influence of media audio learning on knowledge and attitude improvement about nutrition and health information among blind people at Elsafan Foundation, East Jakarta.

Method: This study was a quasi experimental study, with total sampling technique obtained 21 respondents. Analisis using Wilcoxon Test.

Results: The most of the sex of the sample is male. The age distribution of almost half of sample age ranged from 16-18 years old and 19-29 years old. Almost half of sample education is SDLB A. Knowledge score on media audio learning ($p = 0.0001$) and attitude score on media audio learning ($p = 0.0001$).

Conclustion: There is influence of media audio learning on knowledge and attitude improvement about nutrition and health information for the blind people at Elsafan Foundation, East Jakarta.

Keywords : Media Audio Learning, The Blind People

Reading list: 86 (2001-2017)